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Cornell University
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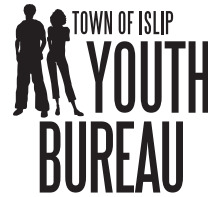
*Cornell Cooperative Extension in Suffolk
County provides equal program and
employment opportunities.*

Cornell Cooperative Extension is funded in part by
Suffolk County through the office of Steve Levy,
County Executive, and the County Legislature.

FALL 2011

Parenting Survival Skills Workshops

Sponsored by:



631-224-5320

youthbureau@townofislip-ny.gov



Cornell University
Cooperative Extension
of Suffolk County

631-727-7850 ext. 340
lmw12@cornell.edu

*The Family Health and Wellness program
at Cornell Cooperative Extension of
Suffolk County and The Town of Islip
Youth Bureau are pleased to offer
workshops for parents. Please join us for
lively discussions where you will meet
other parents with similar concerns. All
workshops are held from 7:00 - 9:00 pm.*

Winning ways to talk with kids

"My kid won't listen!" is a familiar
refrain among parents. The ability to
communicate effectively with your
children will help you at every stage of
their development. Learn how to avoid
communication problems and be a
better listener.

*Kerri Reda, Child Development Educator
October 4, 2011
Oakdale/Ockers Community Center
963 Montauk Hwy, Oakdale, NY*

Positive discipline

Trying to get your children to
cooperate without bribes, rewards or
punishments? Come to our Positive
Discipline program and learn how to
help your children learn self-control
and problem solving. Discover new
ways to correct and guide children's
behavior using the principles of
positive discipline.

*Dinah Torres Castro, Family Well-being
Educator
October 11, 2011
Joyce Fitzpatrick Senior Center
(East Islip Senior Center)
50 Irish Lane, E. Islip, NY*

What parents need to know about bullying and cyber-bullying

Bullying is behavior that is harmful in intent, is repeated, and often implies escalation into violence. Cyber bullying involves the same components, but by using electronic means, can be more immediate, widespread and damaging. Learn the risks to children who are victimized on and offline and ways to help them protect themselves.

*Tim Jahn, Human Ecology Specialist
October 18, 2011
Caesar Trunzo Center
(Brentwood Senior Center)
16 Second Ave, Brentwood, NY*

Raising responsible children

We all want our children to grow into being responsible, contributing members of our families and, ultimately, of society. How do we guide our children to acquire the necessary skills and motivation? This workshop will explore parenting practices that teach children responsibility for themselves, for their schoolwork, for their home and for their relationships.

*Nancy Olsen-Harbich, Program Director, Family Health and Wellness
Oct 26, 2011
Joyce Fitzpatrick Senior Center
(East Islip Senior Center)
50 Irish Lane, E. Islip, NY*

Help your child succeed in school

School performance can be a source of frustration and conflict for children and parents. Parents can support school success by helping children learn how to plan, use time wisely, study and take tests. Learn how to build effective homework routines, communicate with teachers, and deal with problems like school stress, underachievement and failure.

*Maxine Cohen, Parent Educator
October 27, 2011
Oakdale/Ockers Community Center
963 Montauk Hwy, Oakdale, NY*

Why teens do what they do: Understanding adolescent temperament

Adolescence can be tough on teenagers and their parents. New brain research and developmental theory offers some insight into the problems and pleasures of raising pre-teens and teenagers. Unlock the mystery of adolescence with these helpful hints and strategies that can improve your relationship with your pre-teen and teen.

*Tim Jahn, Human Ecology Specialist
November 1, 2011
Caesar Trunzo Center
(Brentwood Senior Center)
16 Second Ave, Brentwood, NY*

REGISTER EARLY -- Workshops fill quickly!

Fall 2011 Parenting Survival Skills Workshop

Registration is required. Please return this form with payment to:

Fall Parenting Survival Skills Workshops
Cornell Cooperative Extension of Suffolk County
423 Griffing Ave, Ste 100, Riverhead, NY 11901-3071

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

Children's ages _____

ALL WORKSHOPS ARE FROM 7:00 - 9:00 PM

Please check workshop(s) you are registering for:

- ☐ October 4 - Winning ways to talk with kids
- ☐ October 11 - Positive discipline
- ☐ October 18 - What parents need to know about bullying and cyber-bullying
- ☐ October 26 - Raising responsible children
- ☐ October 27 - Help your child succeed in school
- ☐ November 1 - Why teens do what they do: Understanding adolescent temperament

Payment:

Each workshop is \$10 per person.

Total Enclosed _____

(No parent will be excluded from a parent education program based on ability to pay.)

Please contact the Cornell Cooperative Extension of Suffolk County office if you have any special needs.